

# INFORMATION FORM

Today's Date:			
PARENT INFORMATION			
NAME: First			
FIRST	Last		M.I.
Address:			
ADDRESS: STREET AND NUMBER	CITY	STATE	Zip
Phone: Age:	Date of Bir	тн:/	/
Gender: Marital Status:			
CHURCH AFFILIATION?			
DID SOMEONE REFER YOU? YES/NO IF	YES, WHO?		
May I send a thank you to whom-ever referred you? Yes/No			
A SECOND PHONE NUMBER IN CASE OF AN EMERGENCY:			
Name of Person:	Relationship 7	ГО ҮОИ:	
IN THE EVENT OF AN EMERGENCY AND I MUST CANCEL, WHERE SHOULD I CALL?			

	COMPASSION CORRAL
	UINE FACILITATED COUNSELING 214-402-8728
Real-Genuine-Hope	COMPASSIONCORRAL.COM

## CHILDHOOD HISTORY FORM

CHILD'S NAME:	Date:	
Birthdate	AgeSex	
ADOPTEDYESNO	IS YOUR CHILD AWARE OF ADOPTION?YES	No
IF DIVORCED, DESCRIBE YOUR REI	WHEN?	RENT:
OTHERS IN HOUSEHOLD	Relationship to Child	Age

BRIEFLY STATE YOUR MAIN CONCERNS ABOUT YOUR CHILD AND THE DURATION:

WHAT DO YOU THINK MIGHT HAVE CAUSED THIS?

HAS ANYONE ELSE EXPRESSED CONCERNS ABOUT YOUR CHILD?

WHAT ARE YOUR EXPECTATIONS FOR THERAPY

HAS YOUR CHILD EVER BEEN SEEN BY ANOTHER COUNSELOR? YES NO			
Dates Who?			
WHO WILL PARTICIPATE IN CHILD'S THERAPY?         MOM: YESNO       DAD: YESNO         STEP MOM: YESNO       DAD: YESNO         ANYTHING THAT CAUSED EITHER PARENT SIGNIFICANT UNHAPPINESS OR WORRY DURING         CHILD'S FIRST THREE YEARS?			
BIGGEST STRUGGLE IN YOUR FAMILY'S HISTORY			
CURRENT STRESSORS IN FAMILY			
PARENTAL UNEMPLOYMENT? DATES:			
ANY DEATHS YOUR CHILD HAS EXPERIENCED?			
ANY MOVES? IF SO, WHEN AND WHERE?			
CHILD EXPOSED TO DISASTER? DESCRIBE:			
WHAT ARE YOUR CHILD'S RESPONSIBILITIES?			
WHO IS YOUR CHILD LIKE?			
WHAT ARE YOUR CHILD'S STRENGTHS?			
WHAT MAKES YOUR CHILD MAD?			
WHAT ARE YOUR CHILD'S FAVORITE ACTIVITIES?			
WHAT DOES YOUR CHILD DISLIKE DOING THE MOST?			
DESCRIBE YOUR CHILD'S TEMPERAMENT:			

DID THE CHILD'S MOTHER OR THE CHILD EXPERIENCE ANY COMPLICATIONS DURING PREGNANCY/DELIVERY?

## MEDICAL HISTORY

PLEASE NOTE THE AGE AND ANY OTHER PERTINENT INFORMATION. USE BACK IF NECESSARY.
Childhood Diseases:
Operations:
Other Hospitalizations:
HEAD INJURIES:
CONVULSIONS/SEIZURES:
Persistent High Fevers:
Eye Problems:
TICS (EYE BLINKING, SNIFFING, OR ANY REPETITIVE MOVEMENT):
Ear Problems:
Allergies or Asthma:
SLEEP PROBLEMS (RESTLESS, NIGHT WAKING, SLEEPWALKING):
BEDWETTING OR SOILING PANTS IN DAYTIME:
DESCRIBE YOUR CHILD'S APPETITE:
PLEASE LIST OTHER DOCTORS OR PROFESSIONALS CONSULTED:
Current Medications and Dose:

### FAMILY/SOCIAL HISTORY

INCLUDE ANY BROTHERS OR SISTERS YOU (THE PARENT) HAVE/HAD AS WELL AS YOUR (THE PARENT) NATURAL PARENTS (IN OTHER WORDS, <u>YOUR</u> CHILDHOOD HISTORY). BE SURE TO INCLUDE PAST OR PRESENT BEHAVIOR.

BIRTH MOTHER CHILDHOOD HISTORY (CHECK ALL THAT APPLY) ALCOHOLISM Drug Usage Physical Abuse DOMESTIC VIOLENCE Sexual Abuse Mental Illness CRIMINAL ACTIVITY HOMOSEXUALITY BIRTH FATHER CHILDHOOD HISTORY (CHECK ALL THAT APPLY) Drug Usage ALCOHOLISM Physical Abuse DOMESTIC VIOLENCE Sexual Abuse Mental Illness CRIMINAL ACTIVITY Homosexuality STEP-MOTHER CHILDHOOD HISTORY (CHECK ALL THAT APPLY) ALCOHOLISM Drug Usage PHYSICAL ABUSE \_\_\_DOMESTIC VIOLENCE Sexual Abuse MENTAL ILLNESS Criminal Activity Homosexuality STEP-FATHER CHILDHOOD HISTORY (CHECK ALL THAT APPLY) ALCOHOLISM Drug Usage DOMESTIC VIOLENCE Physical Abuse SEXUAL ABUSE MENTAL ILLNESS CRIMINAL ACTIVITY HOMOSEXUALITY ADOPTED MOTHER CHILDHOOD HISTORY (CHECK ALL THAT APPLY) ALCOHOLISM Drug Usage DOMESTIC VIOLENCE PHYSICAL ABUSE SEXUAL ABUSE MENTAL ILLNESS CRIMINAL ACTIVITY HOMOSEXUALITY

### ADOPTED FATHER CHILDHOOD HISTORY (CHECK ALL THAT APPLY)

ALCOHOLISM	Drug Usage
Physical Abuse	DOMESTIC VIOLENCE
Sexual Abuse	MENTAL ILLNESS
CRIMINAL ACTIVITY	HOMOSEXUALITY

WHICH FAMILY MEMBER HAS THE BEST RELATIONSHIP WITH THE CHILD?\_\_\_\_\_

## INFANCY - TODDLERHOOD

WERE ANY OF THE FOLLO DID NOT ENJOY CUDDI DIFFICULT TO COMFOR	LING	V	VAS NOT CAL	IRST FEW YEAR MED BY BEING	
DIFFICULT TO COMFOR EXCESSIVE RESTLESSI FREQUENT HEAD BANG	NESS	C	Colic Excessive Ir	RITABILITY	
FREQUENT HEAD BANG	GING			INTO EVERYTH	ING
TEMPERAMENT: PLEAS AND TODDLERHOOD:	SE RATE THE	FOLLOWING AS	YOUR CHILE	APPEARED IN I	NFANCY
	TED EASILY T AGE N HAPPY		EELINGS WE	RESISTED CHA	NGE
DEVELOPMENTAL MIL					
AS BEST YOU CAN RECALI		F DEVELOPME AGE OR			
WALKED WITHOUT ASSIST SPOKE FIRST WORDS ANY SPEECH/ARTI	TANCE CULATION PE				
TOILET TRAINED DAYTIME TOILET TRAINED NIGHTTII					
COORDINATION		R CHILD ON THI AVERAGE		G SKILLS:	
WALKING					
Running Throwing					
CATCHING					
SHOELACE TYING					
WRITING ATHLETIC ABILITIES					
COMPREHENSION ANI DO YOU CONSIDER YOUR AS OTHER CHILDREN HIS/	CHILD TO UN	IDERSTAND DIR		D SITUATIONS A	AS WELL
HOW WOULD YOU RATE YO					/ERAGE
PEER RELATIONSHIPS HOW DOES YOUR CHILD G PROBLEMS.		/ITH OTHERS HI	S/HER AGE?	DESCRIBE AN	Y

## SCHOOL HISTORY

SCHOOL CURRENTLY ATTENDING:	GRADE LEVEL:
IS YOUR CHILD IN ANY RESOURCE OR SPECIAL CLASSES?	
BRIEFLY DESCRIBE YOUR CHILD'S SCHOOL PROGRESS. NOTE USU PROBLEMS OR SUCCESSES, STRONG SUBJECTS AND WEAK SUBJECT	,
Preschool – K	
1 <sup>ст</sup> — 5 <sup>тн</sup>	
6тн — 8тн	
9тн — 12тн	
DESCRIBE ANY CONDUCT PROBLEMS YOUR CHILD HAS HAD IN SCH	
How would you rate your child's homework/study skills GoodAveragePoor	?
DESCRIBE DIFFICULTIES:	
HAS YOUR CHILD HAD TUTORING OR REMEDIAL WORK?	
Does your child like to read? How often? (circle one)Never seldom occasion	ally Often
Please rate reading ability:GoodFairF	DOOR
ANY OTHER COMMENTS ON YOUR CHILD'S PERFORMANCE AND BEH	HAVIOR:

### HOME BEHAVIOR AND MOOD

CHECK WHICH OF THE FOLLOWING APPLIES TO YOUR CHILD:

FREQUENTLY IRRITABLE OR MOODY CAN'T SEEM TO ENJOY DOING ANYTHING SAD SPELLS CRYING SPELLS	<ul> <li>NERVOUS, ANXIOUS</li> <li>FREQUENT HEADACHES</li> <li>FREQUENT STOMACH ACHES</li> <li>HAS HAD A PANIC ATTACK (RAPID HEARTBEAT, SWEATY PALMS, FEELING SOMETHING BAD ABOUT</li> </ul>
EASILY BORED	TO HAPPEN) DIFFICULTY SLEEPING GOES TO SLEEP VERY LATE HARD TO GET UP IN MORNING VERY RESTLESS SLEEP
Poor or low motivation Low self-esteem (makes	BAD DREAMS ACTS LIKE DRIVEN BY A MOTOR
NEGATIVE STATEMENTS ABOUT SELF)	DOESN'T SEEM TO LEARN FROM EXPERIENCE
CAN'T SEEM TO CONCENTRATE	VERY DISORGANIZED (LOSES THINGS, HAS VERY MESSY ROOM)
HAS HAD THOUGHTS OF OR	
MADE COMMENTS ABOUT SUICIDE	HAS EVER BEEN PHYSICALLY OR SEXUALLY ABUSED
EATS (TOO MUCH) OR (TOO LITTLE) FREQUENT ARGUING AT HOME FEARFULNESS	DRUG OR TOBACCO USE ARGUES WITH OR RUDE TO TEACHERS OTHER:

ANY ADDITIONAL COMMENTS YOU WOULD LIKE TO MAKE ABOUT YOUR CHILD (MOOD, BEHAVIOR, PERSONALITY, ETC.):

THANK YOU FOR THE TIME AND EFFORT YOU GAVE IN COMPLETING THIS FORM. PLEASE ALSO COMPLETE ANY CHECK LISTS WHICH ACCOMPANY THIS HISTORY FORM.

MOST CHILDREN EXHIBIT, AT ONE TIME OR ANOTHER, ONE OR MORE OF THE SYMPTOMS LISTED BELOW. PLACE A P NEXT TO THOSE THAT YOUR CHILD HAS EXHIBITED IN THE PAST AND N NEXT TO THOSE THAT YOUR CHILD EXHIBITS NOW. ONLY MARK THOSE SYMPTOMS THAT HAVE BEEN OR ARE PRESENT TO A SIGNIFICANT DEGREE OVER A PERIOD OF TIME. ONLY CHECK AS PROBLEMS BEHAVIOR THAT YOU SUSPECT IS UNUSUAL OR ATYPICAL WHEN COMPARED TO WHAT YOU CONSIDER TO BE NORMAL FOR YOUR CHILD'S AGE.

- \_\_\_\_ THUMB SUCKING
- BABY TALK
- OVERLY DEPENDENT FOR AGE
- \_\_\_\_\_ FREQUENT TEMPER TANTRUMS
- EXCESSIVE SILLINESS AND CLOWNING
- EXCESSIVE DEMANDS FOR ATTENTION
- \_\_\_\_ CRIES EASILY AND FREQUENTLY
- \_\_\_\_ GENERALLY IMMATURE
- EATS NON-EDIBLE SUBSTANCES
- OVEREATING WITH OVERWEIGHT
- \_\_\_\_ EATING BINGES WITH OVERWEIGHT
- UNDER EATING WITH UUNDERWEIGHT
- LONG PERIODS OF DIETING AND FOOD ABSTINENCE WITH UNDER WEIGHT
- \_\_\_\_\_ PREOCCUPIED WITH FOOD WHAT TO EAT AND WHAT NOT TO EAT
- PREOCCUPATION WITH BOWEL MOVEMENTS
- \_\_\_\_ CONSTIPATION
- \_\_\_\_ ENCOPRESIS (SOILING)
- \_\_\_\_ ENURESIS (BED WETTING)
- \_\_\_\_ INSOMNIA (DIFFICULTY SLEEPING)
- \_\_\_\_ FREQUENT NIGHTMARES
- \_\_\_\_ NIGHT TERRORS (TERRIFYING NIGHT TIME OUT BURSTS)
- \_\_\_\_\_ SLEEPWALKING
- EXCESSIVE SEXUAL INTEREST AND PREOCCUPATION
- FREQUENT SEX PLAY WITH OTHER CHILDREN
- EXCESSIVE MASTURBATION
- FREQUENTLY LIKES TO WEAR CLOTHING OF THE OPPOSITE SEX
- EXHIBITS GESTURES AND INTONATIONS OF THE OPPOSITE SEX
- \_\_\_\_\_ Frequent Headaches
- FREQUENT STOMACH ACHES
- FREQUENT NAUSEA AND VOMITING
- OFTEN COMPLAINS OF BODILY ACHES AND PAINS
- \_\_\_\_ WORRIES OVER BODILY ILLNESS
- POOR MOTIVATION
- \_\_\_\_ Apathy
- \_\_\_\_\_ TAKES PATH OF LEAST RESISTANCE
- \_\_\_\_ EVER TRYING TO AVOID RESPONSIBILITY
- POOR FOLLOW THROUGH
- LOW CURIOSITY
- \_\_\_\_ OPEN DEFIANCE TO AUTHORITY
- BLATANTLY UNCOOPERATIVE
- Persistent lying
- \_\_\_\_\_ FREQUENT USE OF PROFANITY TO PARENTS, TEACHERS, AND OTHER AUTHORITIES
- \_\_\_\_\_ TRUANCY FROM SCHOOL
- \_\_\_\_ RUNS AWAY FROM HOME
- \_\_\_\_ VIOLENT OUTBURSTS OF RAGE
- \_\_\_\_ Stealing
- CRUELTY TO ANIMALS, CHILDREN, AND OTHERS
- \_\_\_\_ DESTRUCTION OF PROPERTY
- \_\_\_\_ CRIMINAL AND/OR DANGEROUS ACTS
- \_\_\_\_\_ TROUBLE WITH THE POLICE
- \_\_\_\_\_ VIOLENT ASSAULT
- \_\_\_\_ FIRE SETTING
- \_\_\_\_ LITTLE, IF ANY, GUILT OVER BEHAVIOR THAT CAUSES OTHERS PAIN AND DISCOMFORT
- LITTLE, IF ANY, RESPONSE TO PUNISHMENT FOR ANTISOCIAL BEHAVIOR

- FEW. IF ANY. FRIENDS DOES NOT SEEK FRIENDSHIPS RARELY SOUGHT BY PEERS NOT ACCEPTED BY PEER GROUP Selfish ARGUMENTATIVE DOES NOT RESPECT THE RIGHTS OF OTHERS WANTS THINGS OWN WAY WITH EXAGGERATED REACTION IF THWARTED TROUBLE PUTTING SELF IN OTHER'S POSITION EGOCENTRIC (SELF-CENTERED) FREQUENTLY HITS OTHER CHILDREN **EXCESSIVELY CRITICAL OF OTHERS EXCESSIVELY TAUNTS OTHER CHILDREN** EVER COMPLAINING IS OFTEN PICKED ON AND EASILY BULLIED BY OTHER CHILDREN SUSPICIOUS, DISTRUSTFUL ALOOF "WISE-GUY" OR SMART ALECK ATTITUDE BRAGS OR BOASTS BRIBES OTHER CHILDREN EXCESSIVELY COMPETITIVE OFTEN CHEATS WHEN PLAYING GAMES "SORE LOSER" "DOES NOT KNOW WHEN TO STOP" POOR COMMON SENSE IN SOCIAL SITUATIONS OFTEN FEELS CHEATED OR GYPPED FEELS OTHERS ARE PERSECUTING HIM WHEN THERE IS NO EVIDENCE FOR SUCH TYPICALLY WANTS HIS OR HER OWN WAY VERY STUBBORN OBSTRUCTION-ISTIC NEGATIVISTIC (DOES JUST THE OPPOSITE OF WHAT IS REQUESTED) QUIETLY, OR OFTEN SILENTLY, DEFIANT OF AUTHORITY FEIGNS OR VERBALIZES COMPLIANCE OR COOPERATION BUT DOES NOT COMPLY WITH REQUESTS DRUG ABUSE ALCOHOL ABUSE **VERY TENSE** NAIL BITING CHEWS ON CLOTHES, BLANKETS, ETC. Head Banging HAIR PULLING PICKS ON SKIN SPEAKS RAPIDLY AND UNDER PRESSURE IRRITABILITY, EASILY "FLIES OFF THE HANDLE" ANXIETY ATTACKS WITH PALPITATIONS (POUNDING HEART), SHORTNESS OF BREATH, SWEATING, ETC. DISORGANIZED EXCESSIVE WORRYING OVER MINOR THINGS TICS SUCH AS EYE BLINKING, GRIMACING, OR OTHER SPASMODIC REPETITIOUS MOVEMENTS INVOLUNTARY GRUNTS, VOCALIZATIONS (UNDERSTANDABLE OR NOT) STUTTERING DEPRESSION FREQUENT CRYING SPELLS SUICIDAL PREOCCUPATION, GESTURES, OR ATTEMPTS EXCESSIVE DESIRE TO PLEASE AUTHORITY "TOO GOOD" OFTEN APPEARS INSINCERE AND/OR ARTIFICIAL TOO MATURE, FREQUENTLY ACTS OLDER THAN ACTUAL AGE **EXCESSIVE GUILT OVER MINOR INDISCRETIONS** ASKS TO BE PUNISHED
  - LOW SELF-ESTEEM

- EXCESSIVE SELF-CRITICISM
- VERY POOR TOLERATION OF CRITICISM
- FEELINGS EASILY HURT
- DISSATISFACTION WITH APPEARANCE OR BODY PART(S)
- EXCESSIVE MODESTY OR EXPOSURE
- \_\_\_\_\_ PERFECTIONIST, RARELY SATISFIED WITH PERFORMANCE
- FREQUENTLY BLAMES OTHERS AS A COVER UP FOR OWN SHORT COMINGS
- LITTLE CONCERN FOR PERSONAL APPEARANCE OR HYGIENE
- LITTLE CONCERN OR PRIDE IN PERSONAL PROPERTY
- "GETS HOOKED" ON CERTAIN IDEAS AND REMAINS PREOCCUPIED
- \_\_\_\_\_ COMPULSIVE REPETITION OF SEEMINGLY MEANINGLESS PHYSICAL ACTS SHY
- INHIBITED SELF-EXPRESSION IN DANCING, SINGING, LAUGHING, ETC.
- RECOILS FROM AFFECTIONATE PHYSICAL CONTACT
- WITHDRAWN
- FEAR ASSERTING SELF
- **INHIBITS OPEN EXPRESSION OF ANGER**
- ALLOWS SELF TO BE EASILY TAKEN ADVANTAGE OF
- FREQUENTLY POUTS AND/OR SULKS
- MUTE (REFUSES TO SPEAK) BUT CAN
- GULLIBLE/NAÏVE
- PASSIVE AND EASILY LED
- EXCESSIVE FANTASIZING, "LIVES IN HIS/HER OWN WORLD"
- FLAT EMOTIONAL TONE
- SPEECH IS NON-COMMUNICATIVE OR POORLY COMMUNICATIVE
- HEARS VOICES
- SEES VISIONS

#### FEARS/PHOBIAS

- DARK
- **NEW SITUATIONS**
- **STRANGERS**
- **BEING ALONE**
- Death
- SEPARATION FROM PARENT
- SCHOOL
- VISITING OTHER CHILDREN'S HOMES
- GOING AWAY TO CAMP
- ANIMALS
- OTHER FEARS (NAME)